

- BACCALAUREAT PROFESSIONNEL -

Épreuve spécifique orale d'anglais – sections européennes

Restauration (service + cuisine) – Communication – Logistique – Commerce

RESTAURATION : SUJET N°1

**SIZE ZERO MODELS HAVE DANGEROUS EATING DISORDERS
(7TH FEBRUARY, 2017)**

Many models have to get down to a very unhealthy weight to keep their modelling agency happy. A new study says agencies pressure models to be a **size zero**. If the model is not skinny enough, the agency will not give her jobs. The study is in the 'International Journal of Eating Disorders'. It is the largest ever report to look at eating disorders among professional models and why they have to lose so much weight to get work. Lead researcher Dr Rachel Roberts said it was the first study to investigate **the link** between **unhealthy** eating and pressure from modelling agencies. She said: "We now have...solid, scientific proof that eating disorders are a serious health problem in the modelling industry."

Researchers questioned 85 professional female models over the age of 18. They discovered that 81% of them were underweight. Many of the models led a very unhealthy lifestyle to stay underweight so they could get work from their agencies. They **skipped** meals, stopped eating for days, used diet pills and made themselves throw up. Over half the models said their agency told them they would not get jobs unless they lost more weight. It is not against the law for agencies to do this. Eating disorders can lead to serious health problems, such as infertility, heart damage, weak bones, organ failure and even death. In addition, teenagers want bodies like the size-zero models, which leads to public health issues.

FROM <http://www.breakingnewsenglish.com>**Size zero:** taille 30/32**The link:** le lien**The health:** la santé**To skip meals:** sauter un repas

- a) Why do models have unhealthy eating habits?
- b) What are the consequences for the models?

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c) What harmful message does the fashion world send to teenagers?